



Documentary HD (1 x 52 min.)

Serge Caron agrees to tell us his story so that we can have a better understanding of the Parkinson's disease, of which he suffers since he is 45 years old.

Each day, he knows and feels both physical and mental degeneration even more. Conscious of this body losing its mobility, he very quickly undertook exercises and increased his taste for the dance which helps him to be driven and to find mental stability.

This sociology professor still teaches at the Matane College and has not only the support his colleagues but of his students as well. In addition to the medication, he attended physiotherapy, acupuncture, naturopathy, massage therapy and many other medicines which brought a greater comfort to him during one exact moment of the disease's evolution.

This film is meant to be a note of optimism for people suffering from Parkinson who very often isolate themselves and believe that their life does not have a direction anymore. It is also a hailing towards us, who surround them and does not know how to react because the disease disconcerts and scares.



English script available



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