

Urban Lifestyle

Sports Lifestyle Documentary

(1 X 56:00)



Now a days, urban arts are on a constant state of evolution. Many young people express themselves through "new generation" disciplines, like Urbanball, FLat-BMX & "le Parkour". Under the concept : "A day with..." We discover these activities through the experiences of their ambassadors, Sandy, Joris and Damien. Their demonstrations have an impressive dimension while conveying a healthy image of the sport.

Their enthusiasm promote the development of these new sports. Far from the established prejudices and stereotypes of the society, they are recognized as urban artists and assert their right of expression through their sporting performances. Beyond the sporting aspect, this document is accompanied by a teaching virtue and a call for the moral values. Highlighting the qualities of responsible work and control which is necessary to exceed. These talents deserve respect...



Crédits photos: Diaph1kat, Dijon Parkour Crew, Krapule

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